

Employee Safety

Essential Fall Protection Solutions

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Fall protection solutions all have three main components that work together to keep workers safe and comfortable on the job:

1. **Harness:** Worn by the worker to distribute weight if a fall arrest system is deployed.
2. **Lanyard or Lifeline:** Connects the worker's harness to the anchor point.
3. **Anchorage:** The tie-off point on a structure that the worker connects to, often with a connecting device.

To assure OSHA compliance, an energy absorber should be part of a *personal fall arrest system* whenever possible. Familiarize yourself with the infographic below to learn about different buckle styles to tailor your harness to the task at hand.

BUCKLES



Quick Connect

Fast and simple donning. Good when harness is assigned to a worker.



Pass-Thru

Adjustable. Good when harness is shared by workers.



Tongue and Grommet

Fast donning and adjustment. Good when harness is assigned or shared.

For fall protection you can trust from PRO-SAFE, visit MSCDirect.com.

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